Sparkling Leaf

Mindfulness • Self-Kindness • Empowerment

SCHOOL SERVICES & PRICING

2026/27

INVESTING IN HAPPIER, HEALTHIER MINDS FOR A BRIGHTER FUTURE

WELLBEING PROGRAMMES

BUILDING SKILLS FOR LIFE

KS1 & KS2 PROGRAMMES

Structured creative wellbeing programmes combining visualisation, storytelling, mindfulness and imaginative activities.

4-week programme
£550
6-week programme
£795

SECONDARY GIRLS' WELLBEING PROGRAMME

A supportive programme for secondary-school girls exploring confidence, friendships, emotions and self-worth, with practical support for reducing anxiety and negative thought patterns as they grow.

6-week programme
£795

BESPOKE 6-WEEK PROGRAMME

Tailored to your school's needs, focusing on the areas that matter most to your pupils. Content and activities designed in consultation with your staff.

From
£895

NEURODIVERGENT PROGRAMME

A supportive programme designed for neurodivergent pupils, focussing on emotional regulation, self-understanding, confidence and practical tools for everyday life.

4-week programme
£550
6-week programme
£795

SCHOOL SESSIONS

ENGAGING, INSPIRING, EMPOWERING

CREATIVE STORY TIME

Interactive sessions led by author Natasha Joy Brady, bringing stories to life through imagination, discussion and creative activities.

£125
Story time session

ONE-OFF WORKSHOP

Engaging stand-alone sessions built around creativity, mindfulness, self-kindness and emotional wellbeing. Themes can be tailored to your pupils and setting.

£175
Workshop session
(45–60 minutes)

ASSEMBLIES

Imaginative, uplifting assemblies exploring confidence, kindness, managing emotions, believing in yourself and recognising individual strengths.

£150
Whole-school or year-group

HALF & FULL SCHOOL DAYS

GREATER IMPACT, A TAILORED EXPERIENCE

Bring Sparkling Leaf into school for a morning, afternoon or full day, with a tailored combination of workshops, creative wellbeing sessions, story time or assemblies.

Half day (up to 3–4 sessions)	**£350**
Full day (up to 6 sessions)	**£600**

ALL PROGRAMME FEES INCLUDE:

- Planning and preparation
- Session resources and activities
- Delivery
- Liaison with school staff
- Appropriate evaluation and outcomes feedback

Get in touch to discuss your school's needs

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